

For enquires or private bookings message us on Facebook or Instagram @YoungatHeartFP



# HENNA TATTOOS



*By Young@Heart Bling'n'Things*



Our all natural, handmade Henna paste, is made with 100% Organic Henna Powder,  
Lavender Essential Oil and Apple Juice.  
Henna Tattoos are suitable for ages 6yo+

# Aftercare Instructions



1. Your Henna paste needs heat to dry and to obtain a good stain, so try to keep your skin warm but avoid contact with clothing and other things that will smear.
2. Once the larger areas e.g.: dots or filled in sections, are dry to the touch, use the cotton ball provided to gently moisten the paste again and allow to dry completely.
3. Where possible it is best to leave the paste on your skin for at least 4hrs. (or even overnight if the design is completed in the late afternoon/evening), the longer it stays on your skin the better. (If leaving overnight you will need to wrap the henna. Ask us more about this).
4. When you are ready to remove the paste use a spoon, or the back of a knife or similar, to scrape the dried paste from the skin. **DO NOT USE WATER**
5. Apply a 'skin friendly' oil, we recommend Coconut Oil, to the stain and skin immediately after paste removal. Continue to apply regularly to keep the skin moist and protect the stain from being washed away too quickly.
6. Avoid water contact for the first 12hrs as much as possible. The stain will darken over the course of the next few days / week.
7. If you would like to hasten the fading of the stain exfoliating daily when showering will assist in this.



Everybody is different and some will stain darker than others. Your Henna Tattoo may last anywhere from a few days to weeks, depending on your body and how much you care for it.